

LOWER NIAGARA RIVER

LEWISTON, NY TO YOUNGSTOWN, NY

SAFETY FIRST

- ALWAYS wear your properly fitted, Coast Guard Approved Personal Flotation Device (PFD)
- Plan ahead - Leave your route and return time with a relative or friend
- Follow the Rules of the Road
- Boating, paddling and drinking don't mix
- Dress for the weather - Check weather conditions before you leave

LEARN MORE ABOUT WATER SAFETY AT
BNWATERKEEPER.ORG/SAFETY

ROUTE

Launch at the Lewiston Landing Launch into the Lower Niagara River and turn right to head downstream. You are paddling on an international border so it is very important to stay to the US shoreline. Travel about 2 miles to the Stella Niagara Preserve (indicated by a triangle on the map to the right). A historic landing site allows paddlers to pull off and exit the water. Stretch your legs with a quick walk around the Preserve's trails. Continue downstream a little over 3 miles to Youngstown. Exit the water just past the Youngstown Yacht Club.

Support for this program from

This self-guided kayak tour will take you along an ecologically significant waterway and provide information about the diverse and unique fish and wildlife species which rely on its resources.

Difficulty Level: Moderate

Distance Traveled: 5.5 miles (approximately 3+ hours)

Note: This is a one way paddle

LAUNCH

Head to the Lewiston Landing Park and pull into the boat launch area below the Silo Restaurant. Drop off your boat here and park in the upper lot. Be prepared to pay an \$8 Launch Fee.

Nearest address: 115 N Water St, Lewiston, NY 14092

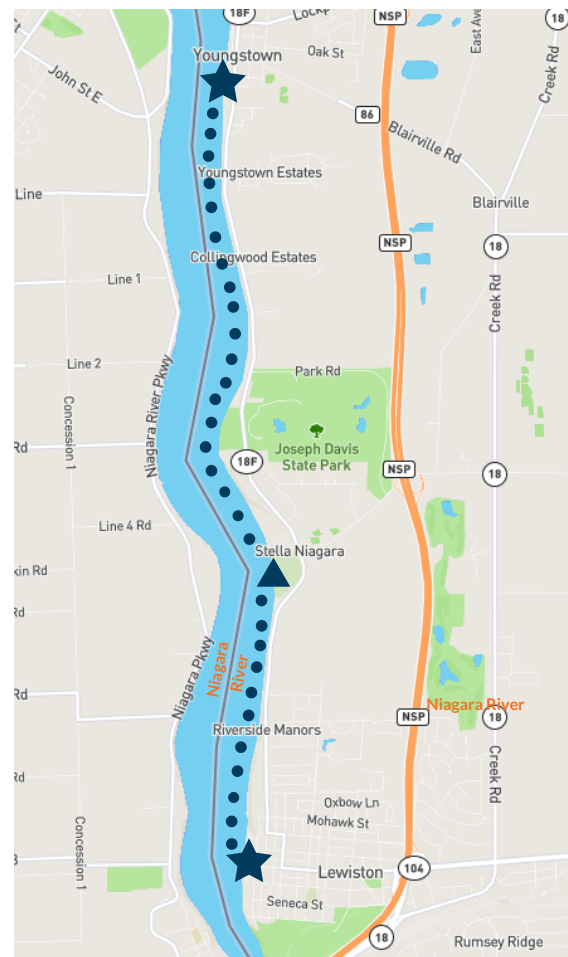
Link: <https://goo.gl/maps/UhMN8TPdoerAylZS8>

Bathroom building on site.

Arrange for a pickup in Youngstown at the public launch.

Nearest address: 491 Water St, Youngstown, NY 14174

Link: <https://goo.gl/maps/TxUbcXZ4F4GzznH86>



LAND ACKNOWLEDGEMENT

Land and water traveled on during this paddle is the ancestral home of the Haudenosaunee, who still live close by.

The Village of Lewiston is historically significant as a final stop of the Underground Railroad where Freedom Seekers would cross the Niagara River to Canada.

NIAGARA RIVER FISH & WILDLIFE

The Niagara River Corridor is a unique and globally significant location. A variety of habitats which include forests, islands, wetlands, rapids, waterfalls and exposed cliffs support a tremendous amount of wildlife - over 500 different species! The corridor is also home to over 700 different plant species.

The river remains unfrozen in the winter months providing an important overwintering site for hundreds of thousands of waterfowl and other migratory birds. With such large numbers and important habitat, the river corridor was recognized as a globally significant Important Bird Area in 1996. During summer paddling trips keep a look out for belted kingfisher, bank swallows, and osprey!

The river is also home to the Lake Sturgeon, a threatened species in New York State. The Lake Sturgeon is the the largest freshwater fish in North America with adults reaching more than 7 feet long! Their numbers were abundant in the region before the demand for their meat and caviar in the 19th century resulted in a serious decline. With current fishing regulations and conservation efforts numbers are increasing.

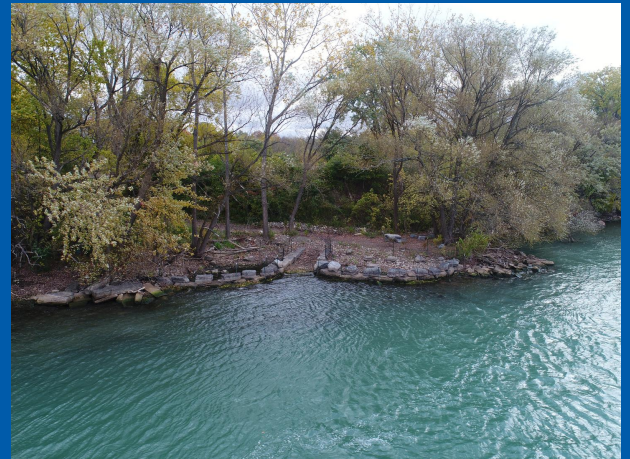
PROTECT WILDLIFE

- Keep your distance while paddling
- Do not feed wildlife
- To prevent the spread of invasive species be sure to **Clean, Drain and Dry** your boat if it was used in a waterway outside the Niagara River Corridor

For more information visit
www.bnwaterkeeper.org/tours



LAUNCH AT LEWISTON LANDING



TAKE A REST AT THE STELLA NIAGARA PRESERVE



OBSERVE BIRDS LIKE THE OSPREY



END YOUR PADDLE IN YOUNGSTOWN